

CREATIVE ARTS

CREATIVE SPIRITS: Crafts, Scrapbooking, and School Spirit Activities

This course allows students to develop their talents through crafts, scrapbooking, and to explore new inventive ways to show school spirit. Students will complete a multitude of craft projects that include string art, personalized coasters, cd art and dreamcatchers. Google the terms “squash book”, “word album” and “explosion box” for examples of some of the scrapbooking projects we’ll create! Students will be asked to bring in pictures of friends and family. To increase school spirit, we may pair up with some division one classes to make a craft, create school-wide art projects to enhance school beauty, and host a bulletin-board decorating contest! Students may wish to purchase additional supplies on occasion if they’d like to personalize their projects. Cost: \$20.00 for basic supplies.

GAME MAKER : Imagine a class that offered you the chance to not only play games, but to design your own?! Students will have an opportunity to show off their skills, tactics and strategies through a wide variety of game play. In this class, students will play board games, computer games, physical activity games etc... that will challenge them physically and mentally. Students will then assume the role of game maker and create their own game!

PHOTOGRAPHY : Take your pictures to the next level by learning how to compose a great photo and how to use your camera to its full capacity. We will be doing lots of hands-on projects to get that perfect shot!

DRAMA

DRAMA : Drama encourages students to explore a variety of dramatic roles and develop a range of dramatic skills while being independent and in small groups. Students will explore the craft of acting that involves exercises, scene work and theatre games designed to develop performance skills and technique. Monologues and short skits will be performed during this term. The development of interpersonal skills, self-confidence and a positive self-image are a strong focus.

FILM STUDIES: This is a course for those who love to watch, discuss and critique movies of all types and genres. In addition to watching movies, students could be expected to complete questions, research a director/actor/actress, review professional movie reviews, and create a movie review of their own. Movies will be rated G, PG and PG 13/14. Parental permission will be required for this option.

FOODS

THE IRON CHEF - A TASTE OF CULTURE : Each country has a signature dish that makes their culture unique. In this Home Economics Foods oriented course, we will take time to learn about the different cultures that make up our world and taste their “One of a kind” recipes. Students will have the chance to cook appetizers, main courses, desserts, breads and beverages from around the world while learning about the characteristics of other cultures. Time will be taken to understand the history behind the traditional recipes, learning how the cuisine shapes the culture and how the culture shapes the cuisine. At the end of this course, students will have a strong understanding of the unique beauty and creative tastes that exist in a variety of cultures.

THE IRON CHEF - ALL BREAKFAST ALL THE TIME : In this Home Economics Foods oriented course, students will have a chance to master the most important meal of the day. From scrambled eggs to gourmet french toast, students will explore the qualities that enhance the flavour of a variety of breakfast dishes. Students will learn to create balanced breakfasts that can provide energy throughout the day while also trying their hand at succulently sweet dishes meant for a special brunch. At the end of this course, students will have a repertoire of recipes that cover every style of breakfast.

THE IRON CHEF – BBQ Blitz Do you love the taste of food fresh off the grill? Does the smell of a neighbor’s barbecued meal make your mouth water? If you like the taste of freshly barbecued meals, then this option is for you. In this course, we will make our own marinades, grill a variety of meat dishes, try our hand at foil recipes and even make some grilled pizzas. Throughout the course, students will learn how to safely use a BBQ to create delicious meals fresh off the grill.

SPORTS

FLOOR HOCKEY : Students in this class will have the opportunity to get their fill of the game they love to play in P.E. but do not have the opportunity to play because of limited space. Participants in this option will be graded on the basis of participation, effort and sportsmanship. Students will be allowed to bring their own stick if they want, but are not required to.

BADMINTON: As physical education classes grow the opportunity to play badminton in physical education class becomes more difficult. This class allows students who love the game to get their fix. This class not only includes playing the game, but also understanding the rules and etiquette, as well as learning different types of strategy. Students will have the opportunity to play in both individual and team situations. Students will be graded on class participation, effort and sportsmanship

EDMONTON RIVER VALLEY ACTIVITIES : Students enrolled in this option will have the opportunity to experience a number of physical activities that they may not typically do, combined with some more traditional leisure activities. Some of the activities included in this option are: Canoeing, Biking in the Edmonton river valley, Indoor rock climbing, Archery, Underwater hockey, Stand up paddle boarding, Longboarding, Basic scuba diving in a pool

SPORTS OF ALL SORTS : Come get sweaty and join the fun! In this course, you will experience new sports and activities that promote individual and team success. The class will feature traditional team sports, as well as unique, individual activities such as: yoga, horseshoes, boxing etc... Students are encouraged to be enthusiastic and be willing to work cooperatively in a variety of group games and individual challenges in a fun atmosphere to help improve our physical well-being.

WOODS

WOODWORKING – CO2 Cars Do you enjoy racing and designing your own vehicles? Do you enjoy working with woodworking equipment? Well you can do all three with this option. We will be making CO2 dragsters using the woodworking equipment in the shop. What is even better is that you will get to test the performance of your vehicle using roll tests and full power racing using CO2 cartridges.

STUDY HALL

Do you find you need a couple extra hours a week to get caught up on school work? Then this is the option for you. Study hall will provide you with one afternoon a week to stay on top of your school studies. From homework, to exam prep, to getting caught up on your novel study, this time is for you.

From time to time study hall will also be used for students who are not getting their school work done in the regular class time. These students will be recommended to attend study hall by their course teacher and will remain in study hall until they have caught up on their work. As soon as the student has demonstrated that they have caught up on their work, they will then be admitted back to their option class.

OTHER

COSMETOLOGY: Learn to practice make up, nail art, hair and style tips. Be prepared to get creative and try new things!!

GARDENING: Learn how to create your own vegetable and herb garden! We will be growing our own vegetables and creating floral and succulent arrangements. Be prepared to enjoy the outdoors in spring time and check out a greenhouse to learn their tips and tricks! Cost: \$15 for Greenhouse field trip cost.

TECH ED OPTION (Mandatory Grade 7 option term 1)

The fundamental purpose of this tech ed. Program is to provide students with knowledge, skills, and attitudes that will enhance their ability to achieve success in junior high, high school, the workplace, post-secondary education or training and daily life. This option will specifically focus on:

- Word processing skills (formatting, typing etc...)
- Skills pertaining to Google apps (Google docs, Google forms, Google sheets & Google slides)
- An introduction to PowerPoint, Excel and Microsoft Word
- Webpage creation using the site wix.com