

HEARTS IN  

# ACTION

SUMMER CAMP



## 2026 SUMMER PROGRAMS

For Children, Youth and Young Adults with Disabilities

JUNE 29 - AUGUST 21



EVERYDAY IS AN  
ADVENTURE!



**ADAPTABILITIES**  
MEANINGFUL DISABILITY PROGRAMS

# What is AdaptAbilities?

JUNE 29 - AUGUST 21

AdaptAbilities summer camps create amazing possibilities for a non-stop summer of fun! We nurture belonging, exploration, and fun, while providing a safe camp experience.

Our summer programs are designed for children, youth, and young adults with disabilities such as:

- Attention Deficit Hyperactivity Disorder (ADHD)
- Down Syndrome
- Autism
- Anxiety Disorder
- Cerebral Palsy
- Obsessive Compulsive Disorder (OCD)
- Tourette's Syndrome
- Other Needs



**ADAPTABILITIES**  
MEANINGFUL DISABILITY PROGRAMS



# 2026 Summer Programs

It will be a summer to remember!

No matter your age, we have something for everyone.



**Our themed weekly programs** will keep little campers entertained and having fun all summer long.



**You pick the camp** and we'll provide a dedicated AdaptAbilities support team member! Inclusion Camps encourage your child to explore their own interests by making it easier to join any camp in the community. The camp nurtures belonging and friendships and builds on our vision of inclusion.



**No parents allowed!** Our teen camps create opportunities for fun, friendships, and personal development. Let's go on an adventure, together!



**This is a fun place for young adults** to cultivate their social and life skills in a safe and supported environment. Participants will enjoy goal-oriented and meaningful days together with the AdaptAbilities team.

*\*Limited 1:1 spots in groups and additional spots may become available based on registrations.*

## Camp Locations

Summer camp programs are held in community centres across Edmonton, St. Albert and Leduc!

- Location availability is dependent on registration numbers
- Camp locations are confirmed at least one month in advance
- Not all age groups will be available in each area

## Get to Know The Team

Cultivating a committed and accountable team is one of our core values. Our Community Specialists are specially trained team members who create safe and caring spaces for the individuals we work with.

The team establishes real and transparent relationships with our families as we work hard to execute meaningful and thoughtful programs.

## All the Details

**HOURS: 9am - 3 pm**

**BEFORE CARE\*: 7:30am - 9am**

**AFTER CARE\*: 3pm - 6pm**

\*Available for an additional fee at select locations and weeks. Parents can indicate which days they need before care or after care when registering.

## New to AdaptAbilities?

You must complete an intake process before you can register for summer camps.

Please click [here](#) to get started on our intake process or contact our office at **780-431-8446**.

### READY TO REGISTER?

Sign in to the [Family Portal](#) to complete registration.

## Fees

- A **\$100 Weekly Fee** is required to secure your registration
- **Campers with a 3rd-party funding** agency (FSCD, PDD, etc.) can direct bill for camp costs
- **We require a pre-authorization** on a credit or debit card to pway for any fees not covered by FSCD/PDD funding
- **Campers without funding?** Contact us for more information about our bursary fund.



# Hearts in Action Camp Themes!

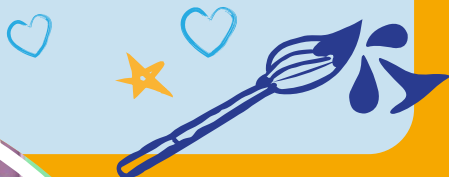
(AGES 3-12)

Join us for as many weeks as you'd like as each week we will incorporate new and exciting activities.

WEEK 1: JUNE 29-30 & JULY 2-3

## Paint and Play

**Let creativity lead the way!** Campers will experiment with vibrant colours that spark imagination and paint colourful memories. From paint-themed games and sensory play stations to outdoor art adventures, everyday blends movement, laughter, and hands-on creativity!



WEEK 2: JULY 6-10

## Tropical Fun & Island Sun

**Aloha, Campers!** Get ready to dive into a week full of beachy adventures, limbo contests, island artwork, and Hawaiian-inspired music and dance. Every day will feel like a mini vacation! Grab your sunscreen and lei, because a tropical oasis awaits!



WEEK 3: JULY 13-17

## Gizmos, Gadgets, & Goo!

**Get ready to tinker, invent, and get a little messy!** Enjoy a goo-filled week as you ooze your way through making slime and other experiments. From building wacky gadgets and crazy contraptions to mixing up colorful chemical reactions, campers will become Jr. Inventors!



WEEK 4: JULY 20-24

## Heroes VS Villains

**Heroes, assemble!** Step into a world of comic-book fun where campers will activate their superpowers to combat the villains of the universe! This week will be power packed with relay missions and challenges to unlock their unique Power Badges. The world needs your superpower!

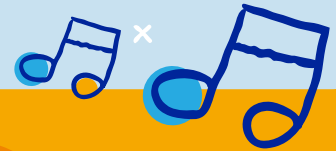


WEEK 5: JULY 27-31

## SENSE-ational Summer



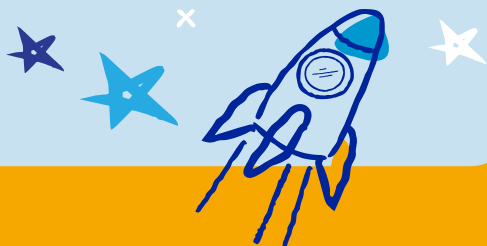
**Awaken your senses!** Get ready to SEE colourful crafts, HEAR chimes of music, TOUCH silky slime, TASTE sweet treats, and SMELL the fresh summer air! Let your senses guide you through scavenger hunts, sensory board creations, and dance parties!

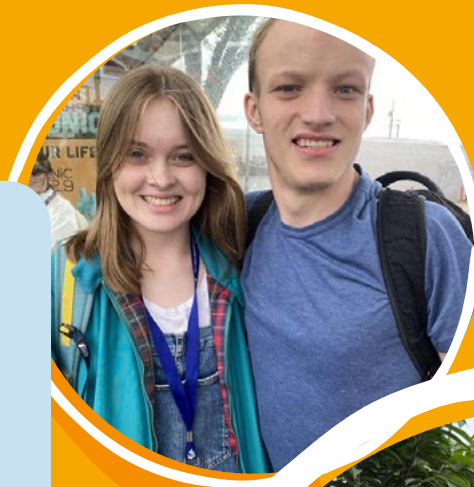


WEEK 6: AUG 4-7

## Alien Invasion

**Alert, Earthlings!** Aliens have landed! To keep Earth safe, campers will build alien-tracking gadgets, navigate through cosmic obstacle courses, and decode alien messages! Through teamwork and creativity, campers will earn their Galactic Defender Badge and save Earth from total takeover!





WEEK 7: AUGUST 10-14

## Buggin' Out



**Creepy, crawly, and completely cool!** From beetles to butterflies, we will discover the tiny wonders of the world. Campers will engage in bug hunts, critter crafts, and buzzy bee games! Every day will buzz with excitement!



WEEK 8: AUGUST 17-21

## Let the Games Begin!

**GAME ON!** Get ready to level up and have some fun. Board games, giant games, sports games, video games, and game shows. Campers will work as a team to navigate through a series of challenges and game-changing experiences! It's not just a game; it's an adventure.



## What to bring?

To ensure the MOST fun at camp, be sure to pack for the weather!

### Don't forget:

- ✓ HAT
- ✓ WATERBOTTLE
- ✓ SUNSCREEN
- ✓ BUG SPRAY
- ✓ LUNCH
- ✓ MEDICATION(S)
- ✓ SWIM GEAR
- ✓ JACKET
- ✓ PERSONAL CARE ITEMS





✦ Register Now > ✦ +

---

## Did You Know?

That **AdaptAbilities** offers year-round support for families! This includes after-school care, social nights, centre or in-home respite, high school transition, drop-in sensory gym and more.

---



**ADAPTABILITIES**  
MEANINGFUL DISABILITY PROGRAMS

 @adaptabilities

 @AlbertaAdaptAbilitiesAssociation

 @AdaptAbilities